

Newsletter

November/December | 2020



Welcome Dan Ramaekers, PA-C, MPAS!

We are delighted to welcome Dan Ramaekers, PA-C, MPAS to TLC Pediatrics. He graduated summa cum laude from Arizona State University, School of Nutrition and Health Promotion with a bachelor's degree in Kinesiology before earning his master's degree in Physician Assistant Studies from A.T. Still University of Health Sciences.

"Working with children and their families is so enjoyable!" said Dan. "It's such an honor to watch our patients change and grow through the years knowing I can play a role in keeping them happy and healthy."

Fluent in Spanish, Dan enjoys spending time with his wife and four children playing soccer, basketball and weightlifting.

Quarantine Guidance for COVID-19 Close Contacts _

As the intense second wave of the COVID pandemic visits Maricopa County and much of the rest of the country, it's important to learn exactly what to do if you or someone in your home comes in close contact (within 6 feet for longer than 10 minutes) with someone with COVID-19.

- Separate yourself from the ill person (if you are living with someone with COVID-19).
- Stay at home for 14 days after your last contact with the person with COVID-19, except to get essential medical care, prescriptions, and food. This includes:
- Not going to school, public areas or work. If you work in an essential service, do not have any symptoms consistent with COVID-19 and must go to work during the 14 days, you must wear a cloth face mask when you are within 6 feet of other people.
- Not using public transportation, rideshares, or taxis
- Wash your hands and avoid touching your eyes, nose, and mouth AND cover your coughs and sneezes.
- Avoid sharing household items like dishes, cups, eating utensils, and bedding.
- Clean high-touch surfaces (tables, doorknobs, light switches, countertops, handles, desks, phones,

keyboards, toilets, etc.) daily.

- Call ahead before going to any medical appointments and tell your healthcare provider about your close contact with someone who has COVID-19.
- Monitor your temperature & symptoms for 14 days after your last contact with the person with COVID-19.

If you develop any symptoms during the 14-day quarantine, you should get tested with a PCR or antigen test at a local testing site.

Holiday Hours and Closures

Christmas Eve - Chandler closed; Ahwatukee closes at noon

Christmas Day and New Year's Day - Both offices closed

New Year's Eve - Chandler closed; Ahwatukee closes at noon

Ahwatukee: 16611 S. 40th St., Ste. 160 Phoenix, AZ 85048

Chandler: 1783 E. Queen Creek Rd., Ste. 4 Chandler, AZ 85286